

THE LIFE OF DAVID

AFTER
GOD'S
HEART

“Lament”

2 Samuel 1





Jesus Loves
Me

Perk
Up!

Love & Sharing



RUSI VYA UKIMWI

ahidi kuweka siri kwa yale yote tutakayojadiliana

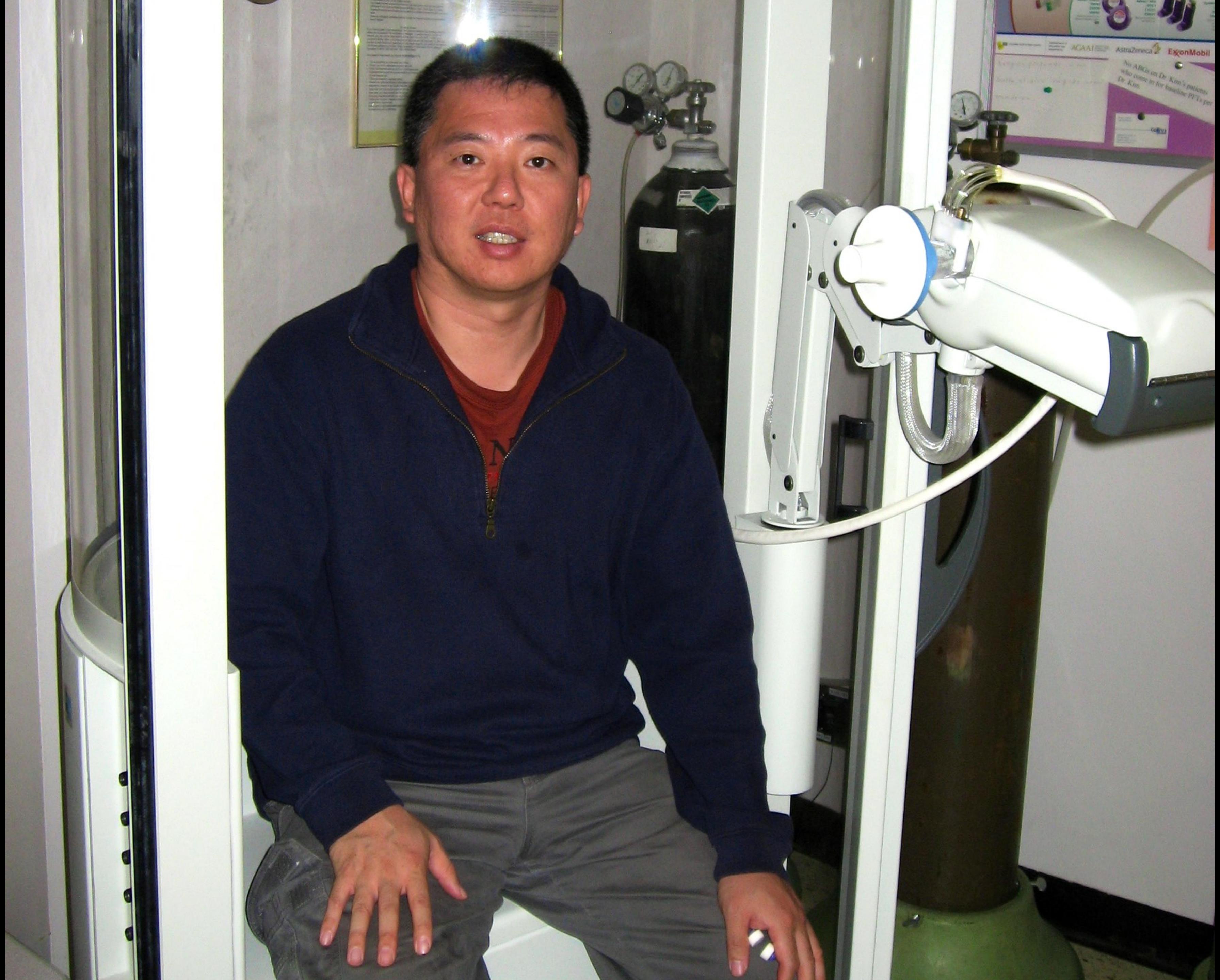
Kwa Mume

I muhimu **sana** kwa afya ya familia yako. Tafadhalli andamana na mke wako
nguo cha afya ili usaidie kwa uamuzi bora wa familia yako.

akaye andamana na mke wako

wa damu buna

ana h









Dan Allender & Tremper Longman

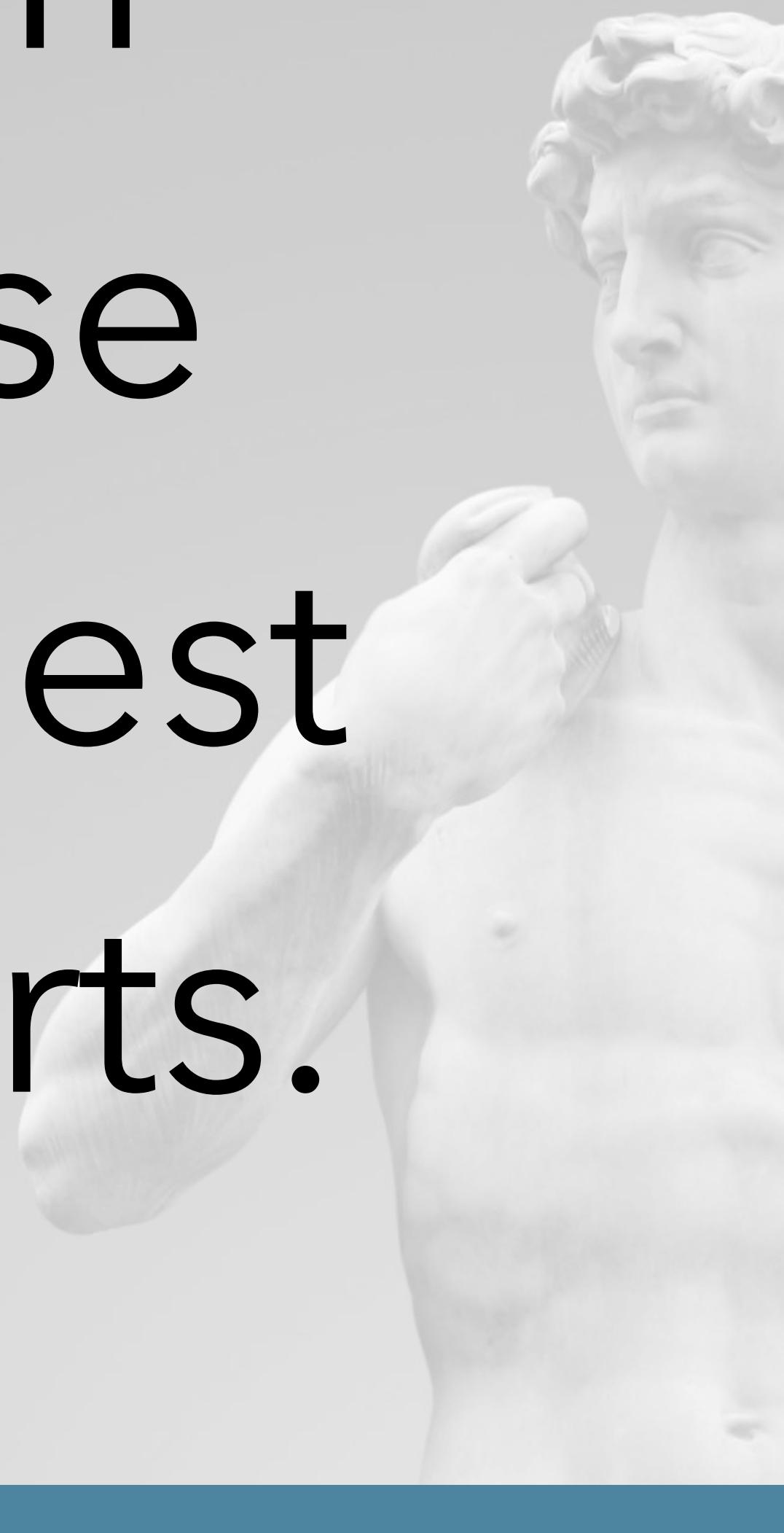
To be aware of what we feel can open us to questions we would rather ignore. For many of us, that is precisely why it is easier not to feel. To feel hurt, hurts. To feel shame, shames. To feel any loss only intensifies sorrow. In one sense, that's true. But then why do we try to avoid good feelings? One woman told me that



Dan Allender & Tremper Longman

she always feels a slight dread whenever she begins to feel hope. Perhaps a better explanation for why it's so difficult to feel our feelings is that all emotion, positive or negative, opens the door to the nature of reality. All of us prefer to avoid pain—but even more, we want to escape reality.

We need to deal with
our emotions because
they are the most honest
windows into our hearts.



lament:

a prayer through which we
express our pain, sorrow,
fear, anger, or grief to God





Eugene Peterson

We have a style of print and television journalism that reports disaster endlessly and scrupulously: crime and war, famine and flood, political malfeasance and societal scandal. . . . In the wake of whatever has gone wrong or whatever wrong has been done, commentators



Eugene Peterson

gossip, reporters interview, editors pontificate, pharisees moralize; then psychological analyses are conducted, political reforms initiated, and academic studies funded. *But there's not one line of lament.*



1 Samuel 10:21-22

... Saul the son of Kish was taken by lot. But when they sought him, he could not be found. So they inquired again of the LORD, "Is there a man still to come?" and the LORD said,
"Behold, he has hidden himself among the baggage."



1 Samuel 15:24

Saul said to Samuel, "I have sinned, for I have transgressed the commandment of the LORD and your words, **because I feared the people and obeyed their voice.**"



1 Samuel 15:17

And Samuel said, “Though **you are little in your own eyes**, are you not the head of the tribes of Israel? The LORD anointed you king over Israel.



1 Samuel 17:37

And Saul said to David, “Go, and
the LORD be with you!”

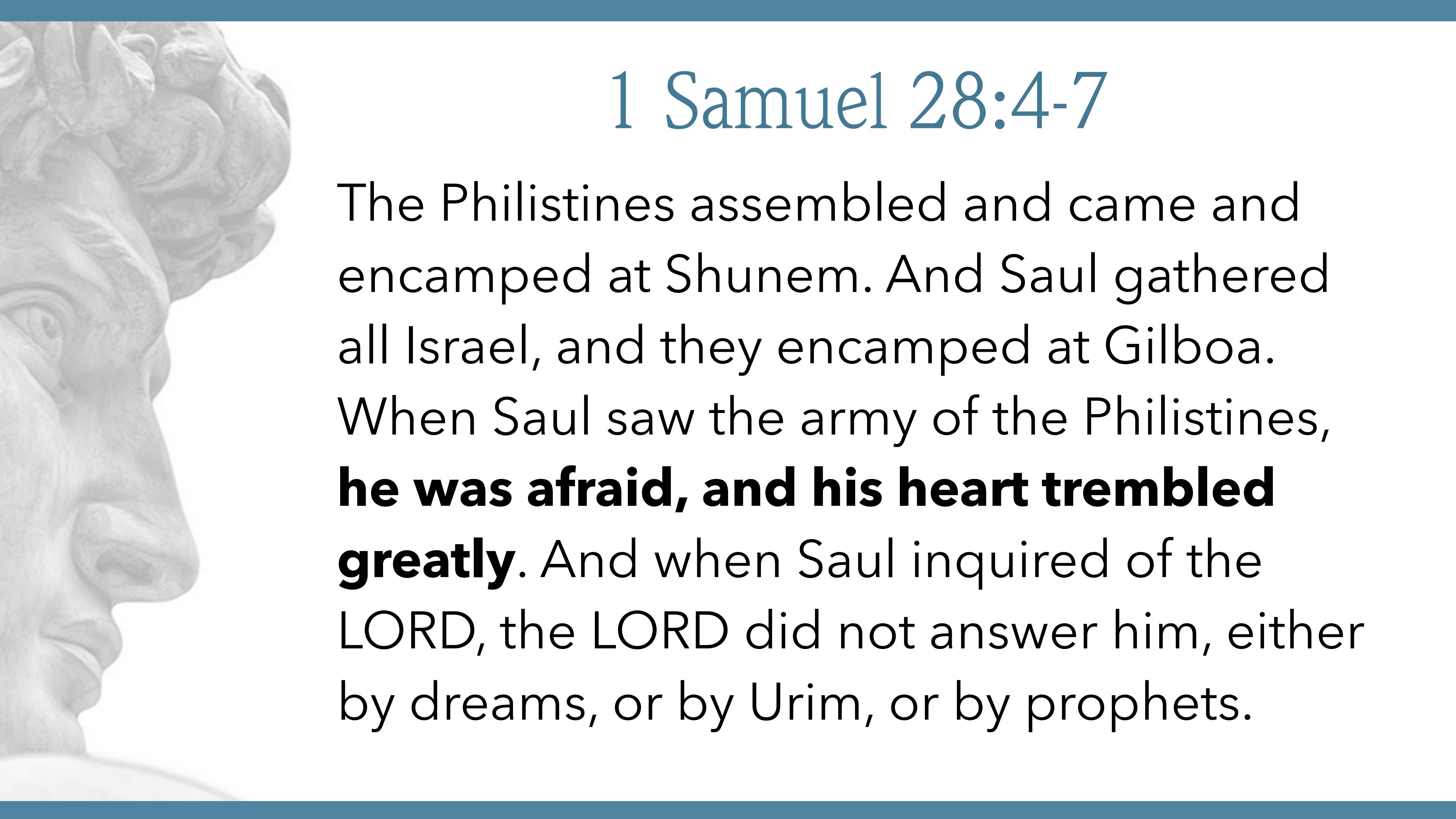


1 Samuel 18:11-12

And Saul hurled the spear, for he thought, "I will pin David to the wall." But David evaded him twice.

Saul was afraid of David

because the LORD was with him but had departed from Saul.



1 Samuel 28:4-7

The Philistines assembled and came and encamped at Shunem. And Saul gathered all Israel, and they encamped at Gilboa. When Saul saw the army of the Philistines, **he was afraid, and his heart trembled greatly.** And when Saul inquired of the LORD, the LORD did not answer him, either by dreams, or by Urim, or by prophets.



1 Samuel 28:4-7

Then Saul said to his servants, "Seek out for me a woman who is a medium, that I may go to her and inquire of her."

And his servants said to him, "Behold, there is a medium at En-dor."



1 Samuel 28:8-11

So Saul disguised himself and put on other garments and went, he and two men with him. And they came to the woman by night.

And he said, "Divine for me by a spirit and bring up for me whomever I shall name to you."

The woman said to him, "Surely you know what Saul has done, how he has cut off the mediums



1 Samuel 28:8-11

and the necromancers from the land. Why then are you laying a trap for my life to bring about my death?"

But Saul swore to her by the LORD, "As the LORD lives, no punishment shall come upon you for this thing."

Then the woman said, "Whom shall I bring up for you?" He said, "Bring up Samuel for me."



1 Samuel 28:12-19

When the woman saw Samuel, she cried out with a loud voice. And the woman said to Saul, "Why have you deceived me? You are Saul."

The king said to her, "Do not be afraid. What do you see?"

And the woman said to Saul, "I see a god coming up out of the earth."



1 Samuel 28:12-19

He said to her, "What is his appearance?"

And she said, "An old man is coming up, and he is wrapped in a robe."

And Saul knew that it was Samuel, and he bowed with his face to the ground and paid homage.



1 Samuel 28:12-19

Then Samuel said to Saul, "Why have you disturbed me by bringing me up?"

Saul answered, "I am in great distress, for the Philistines are warring against me, and God has turned away from me and answers me no more, either by prophets or by dreams. Therefore I have summoned you to tell me what I shall do."



1 Samuel 28:12-19

And Samuel said, “Why then do you ask me, since the LORD has turned from you and become your enemy? The LORD has done to you as he spoke by me, for the LORD has torn the kingdom out of your hand and given it to your neighbor, David. Because you did not obey the voice of the LORD and did not carry out his fierce wrath against Amalek,



therefore the LORD has done this thing to you this day. Moreover, the LORD will give Israel also with you into the hand of the Philistines, and tomorrow you and your sons shall be with me. The LORD will give the army of Israel also into the hand of the Philistines.”

1 Samuel 28:12-19



1 Samuel 28:20

Then Saul fell at once full length on the ground, **filled with fear** because of the words of Samuel. And there was no strength in him, for he had eaten nothing all day and all night.



1 Samuel 31:3-6

The battle pressed hard against Saul, and the archers found him, and he was badly wounded by the archers.

Then Saul said to his armor-bearer, “Draw your sword, and thrust me through with it, lest these uncircumcised come and thrust me through, and mistreat me.”



1 Samuel 31:3-6

But his armor-bearer would not, for he feared greatly. Therefore Saul took his own sword and fell upon it. And when his armor-bearer saw that Saul was dead, he also fell upon his sword and died with him. Thus Saul died, and his three sons, and his armor-bearer, and all his men, on the same day together.



2 Samuel 1:6-10

And the young man who told him said, "By chance I happened to be on Mount Gilboa, and there was Saul leaning on his spear, and behold, the chariots and the horsemen were close upon him. And when he looked behind him, he saw me, and called to me. And I answered, 'Here I am.'

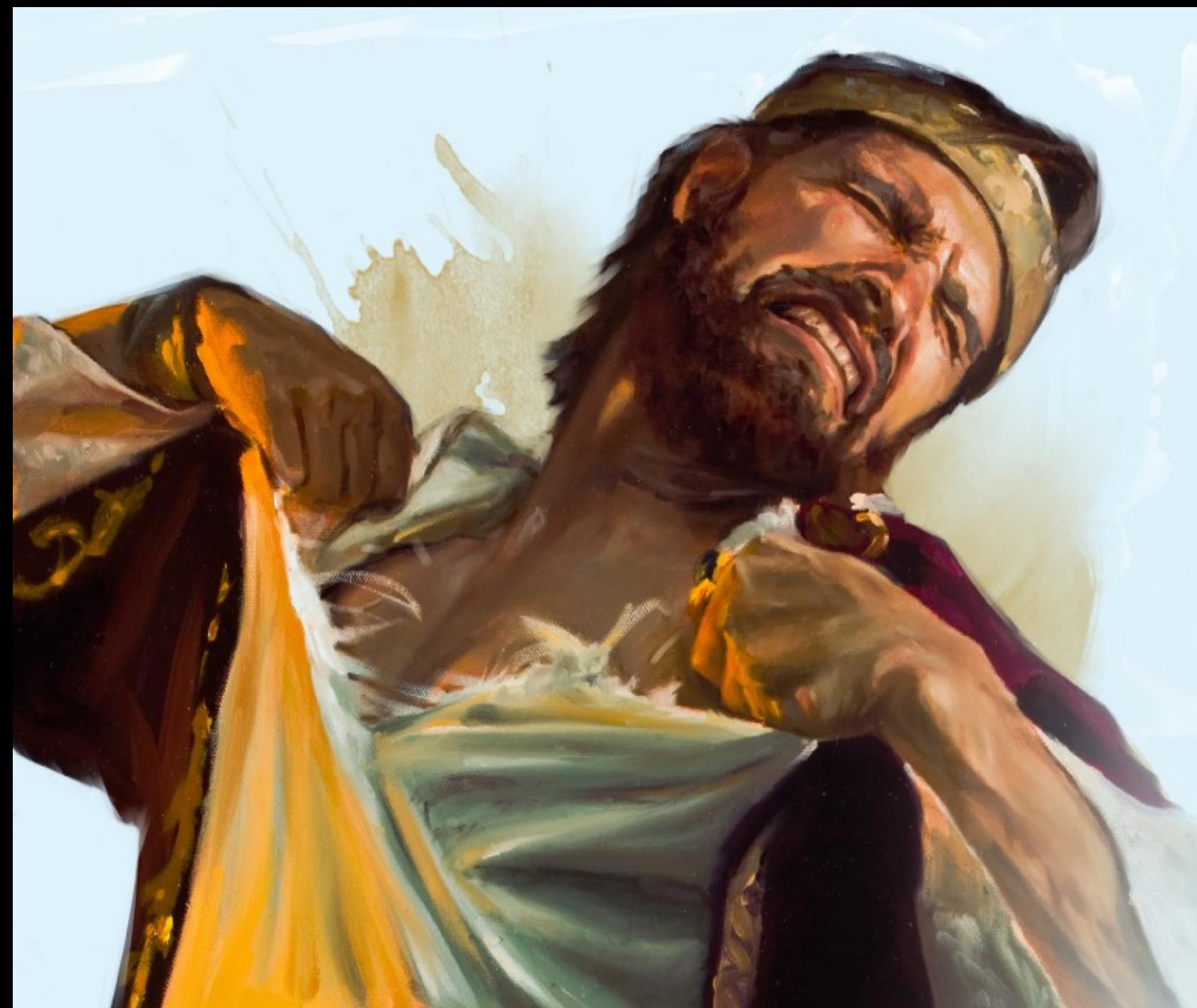
And he said to me, 'Who are you?' I answered him, 'I am an Amalekite.'



2 Samuel 1:6-10

And he said to me, 'Stand beside me and kill me, for anguish has seized me, and yet my life still lingers.'

So I stood beside him and killed him, because I was sure that he could not live after he had fallen. And I took the crown that was on his head and the armlet that was on his arm, and I have brought them here to my lord."



2 Samuel 1:11-12

Then David took hold of his clothes and tore them, and so did all the men who were with him. And they mourned and wept and fasted until evening for Saul and for Jonathan his son and for the people of the LORD and for the house of Israel, because they had fallen by the sword.



2 Samuel 1:19-27

"Your glory, O Israel, is slain on your high places! How the mighty have fallen!

Tell it not in Gath, publish it not in the streets of Ashkelon, lest the daughters of the Philistines rejoice, lest the daughters of the uncircumcised exult.

"You mountains of Gilboa, let there be no dew or rain upon you, nor fields of offerings! For there the shield of the mighty was defiled, the shield of Saul, not anointed with oil.



2 Samuel 1:19-27

"From the blood of the slain, from the fat of the mighty, the bow of Jonathan turned not back, and the sword of Saul returned not empty.

"Saul and Jonathan, beloved and lovely! In life and in death they were not divided; they were swifter than eagles; they were stronger than lions.

"You daughters of Israel, weep over Saul, who clothed you luxuriously in scarlet, who put ornaments of gold on your apparel.



2 Samuel 1:19-27

"How the mighty have fallen in the midst of the battle! "Jonathan lies slain on your high places.

I am distressed for you, my brother Jonathan; very pleasant have you been to me; your love to me was extraordinary, surpassing the love of women.

"How the mighty have fallen, and the weapons of war perished!"



Psalm 77:1-3

I cry aloud to God, aloud to God, and he will hear me.

In the day of my trouble I seek the Lord; in the night my hand is stretched out without wearying; my soul refuses to be comforted.

When I remember God, I moan; when I meditate, my spirit faints. *Selah*



Psalm 6:6-7

I am weary with my moaning;
every night I flood my bed with tears;
I drench my couch with my weeping.

My eye wastes away because of grief;
it grows weak because of all my foes.



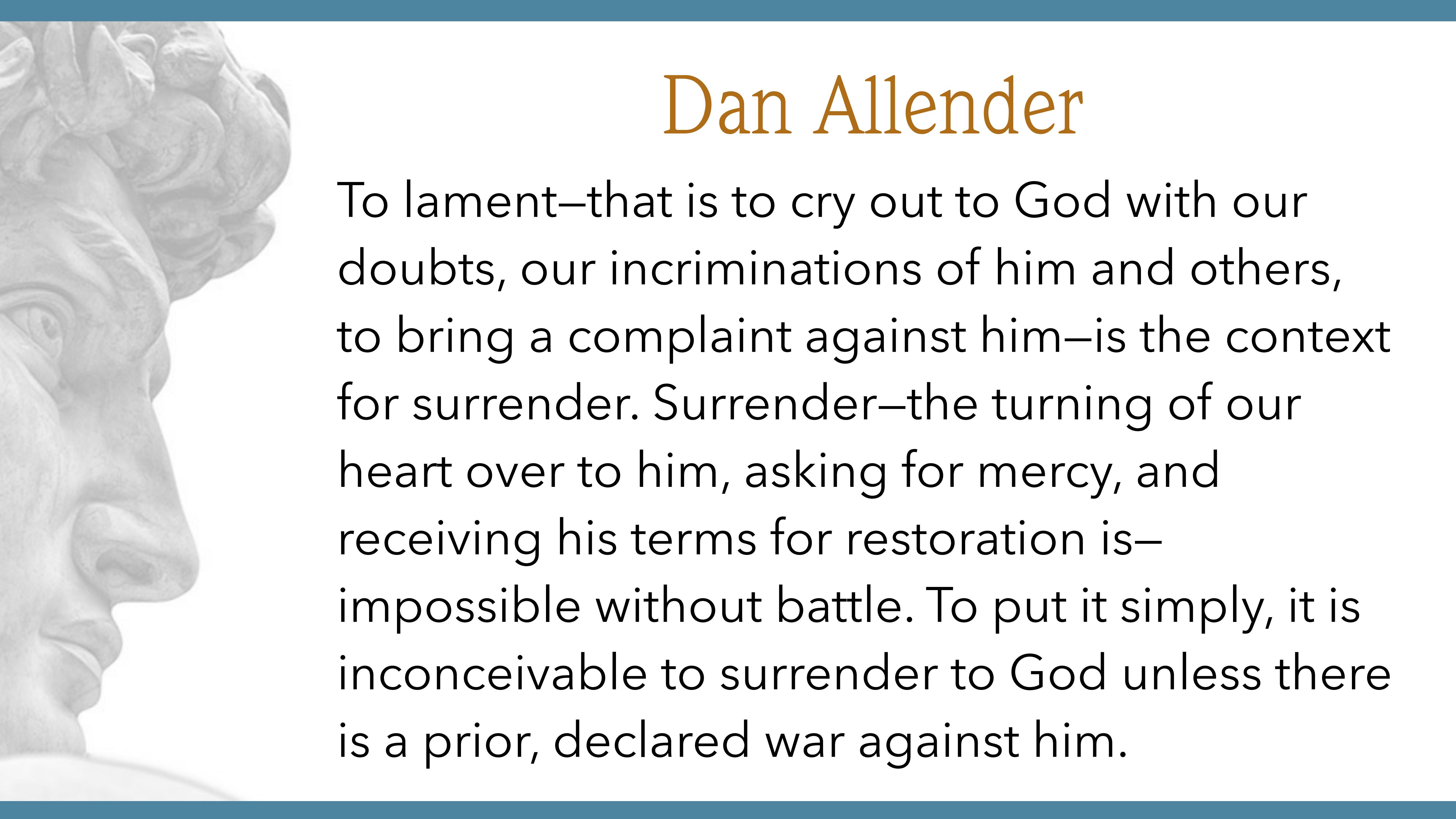
Dan Allender & Tremper Longman

Emotions are the language of the soul. They are the cry that gives the heart a voice. To understand our deepest passions and convictions, we must learn to listen to the cry of the soul. ... The presence of disruptive emotions that feel irrational or out of control is not necessarily a sign of disease, sin, or trauma. Instead, it may be the signal that the heart is struggling with God. Therefore, we must view



Dan Allender & Tremper Longman

the ups and downs of our emotional life not as a problem to be resolved, but as a cry to be heard. Emotions open the door to asking hard questions: Does life make sense? Is there any real purpose to my pain? Why must every relationship end? Is God good? If we are to understand ourselves honestly—and, more importantly, know God—we must listen to our emotions.



Dan Allender

To lament—that is to cry out to God with our doubts, our incriminations of him and others, to bring a complaint against him—is the context for surrender. Surrender—the turning of our heart over to him, asking for mercy, and receiving his terms for restoration—is—impossible without battle. To put it simply, it is inconceivable to surrender to God unless there is a prior, declared war against him.



Dan Allender

Christians often assume our conflict with God was finished when we converted. At that point, we were enemies of God—indeed, we were and it was a great battle. But the battle is not over with conversion—though it is the decisive victory that assures the outcome of the war, it is hardly the last and final fight.



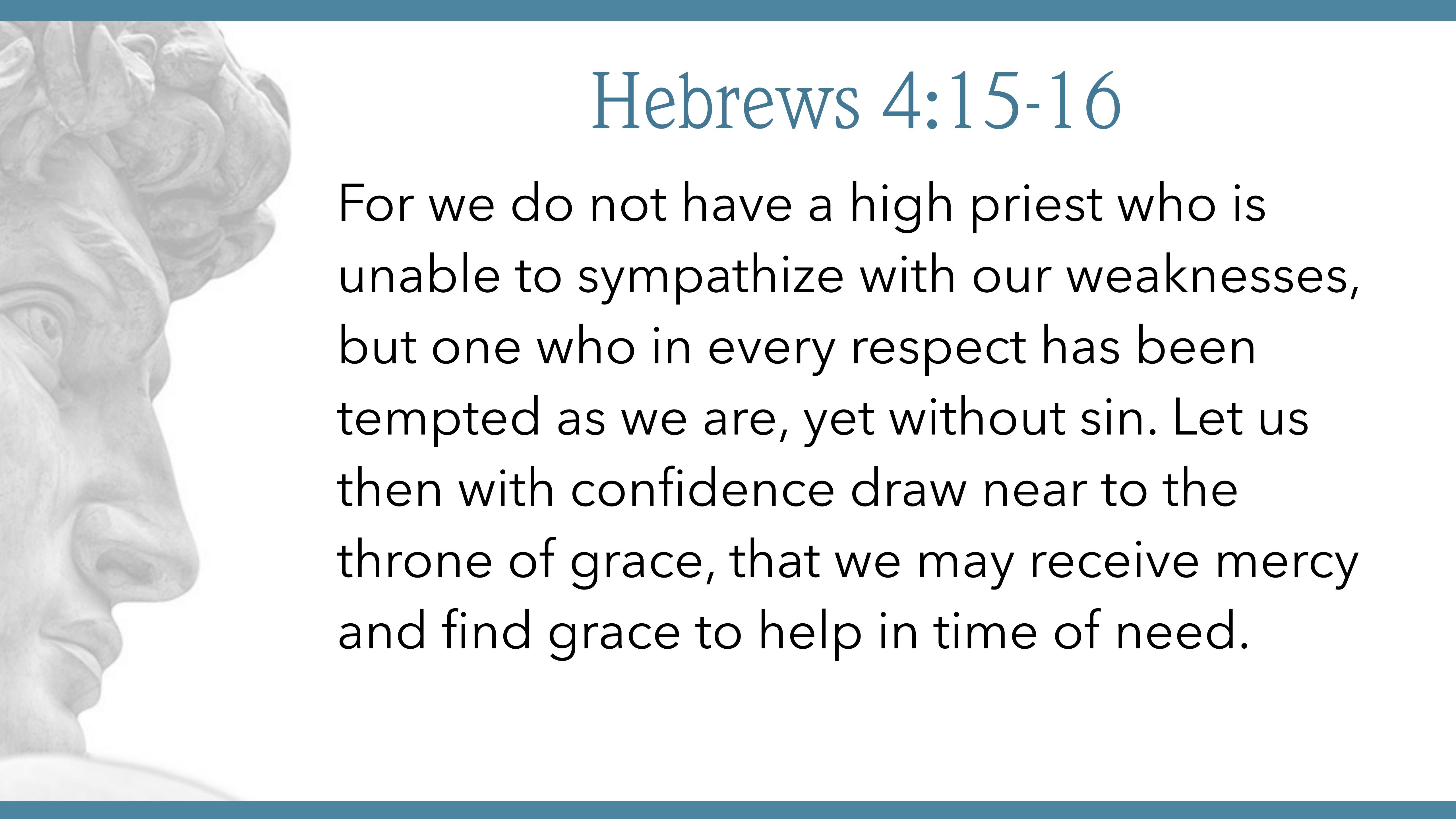
Dan Allender

... a lament is truly asking, seeking, and knocking to comprehend the heart of God. A lament involves the energy to search, not to shut down the quest for truth. It is passion to ask, rather than to rant and rave with already reached conclusions. A lament uses the language of pain, anger, and confusion and moves toward God.

A grayscale profile photograph of a man's face, showing his forehead, nose, and mouth.

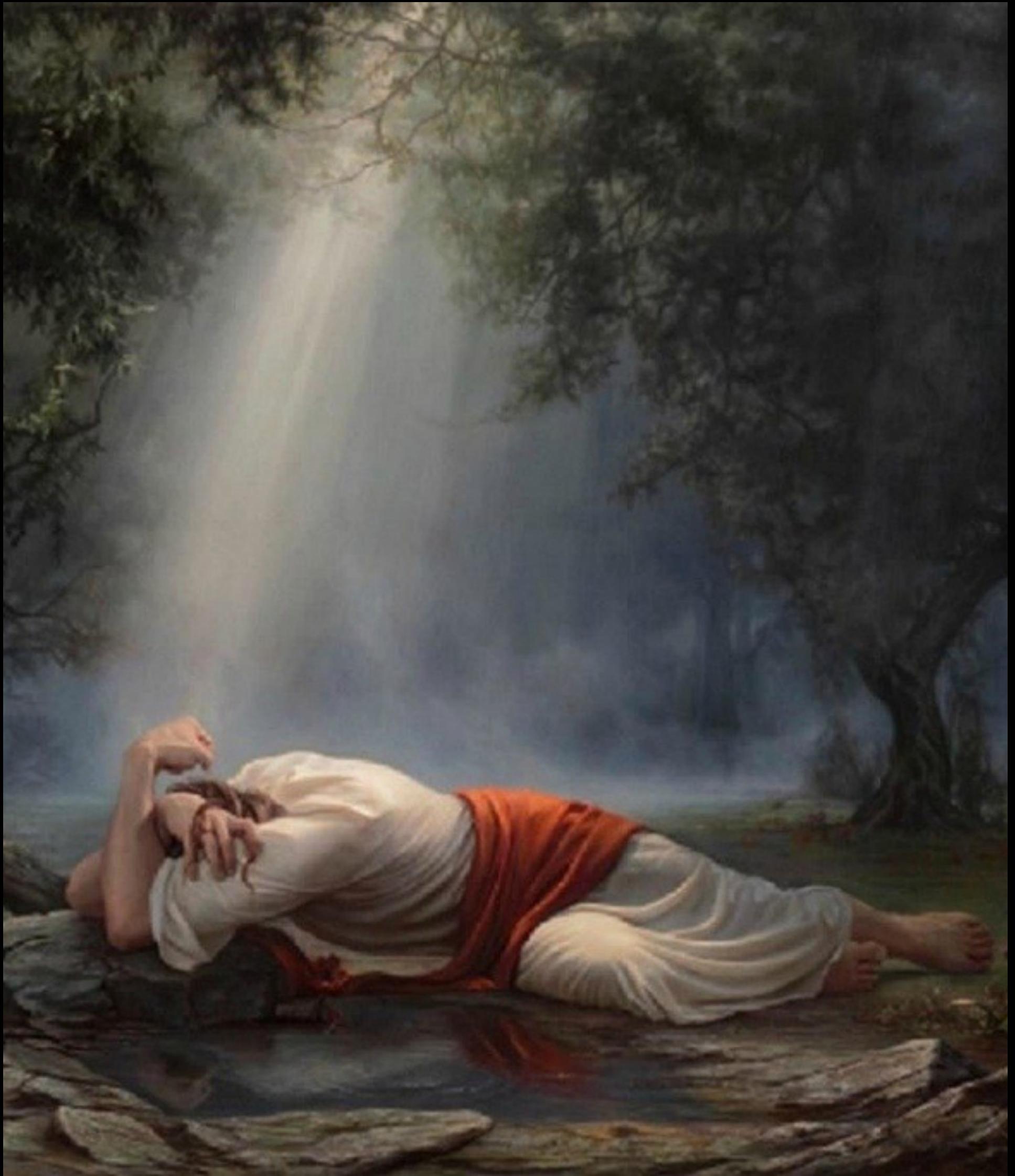
Psalm 73:28

But for me it is good to be near
God; I have made the Lord GOD
my refuge, that I may tell of all
your works.



Hebrews 4:15-16

For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.



Hebrews 4:15-16

For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.