



21. “Transgression”

Psalm 32 (ESV) A Maskil of David. ¹ Blessed is the one whose transgression is forgiven, whose sin is covered. ² Blessed is the man against whom the Lord counts no iniquity, and in whose spirit there is no deceit. ³ For when I kept silent, my bones wasted away through my groaning all day long. ⁴ For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer. ⁵ I acknowledged my sin to you, and I did not cover my iniquity; I said, “I will confess my transgressions to the Lord,” and you forgave the iniquity of my sin. ⁶ Therefore let everyone who is godly offer prayer to you at a time when you may be found; surely in the rush of great waters, they shall not reach him. ⁷ You are a hiding place for me; you preserve me from trouble; you surround me with shouts of deliverance. ⁸ I will instruct you and teach you in the way you should go; I will counsel you with my eye upon you. ⁹ Be not like a horse or a mule, without understanding, which must be curbed with bit and bridle, or it will not stay near you. ¹⁰ Many are the sorrows of the wicked, but steadfast love surrounds the one who trusts in the Lord. ¹¹ Be glad in the Lord, and rejoice, O righteous, and shout for joy, all you upright in heart!

Watch the video from The Bible Project **Transgression** prior to or at the start of the study.

1. Take a moment to reflect on our own experience of being betrayed or having someone break our trust. Is there a particular moment or situation that comes to mind? What is the feeling associated with this experience?
2. Read Psalm 32. In light of the video, in what ways did David “transgress” against God or others in his life?
3. What does it mean to you that God created a specific word around sin that is so centered on this idea of “relationship” and “trust”? What other insights can we gain about ourselves and about God from this Psalm?
4. Take a moment to reflect on the ways you have broken someone else’s trust, whether it’s a friend, a family member, or someone you don’t have a relationship with but failed to honor as someone made in the [image of God](#).