

THE LIFE OF DAVID

AFTER
GOD'S
HEART

“Bless the Lord, O my Soul!”
Psalm 103





PTS		PKTS		HOME		2:15		GUEST		
50	2	8		85		3	84	2	13	55
43	4	16						3	16	21





Psalm 103 (ESV)

Bless the Lord, O my soul, and all that is within me, bless his holy name! Bless the Lord, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases,



Psalm 103 (ESV)

who redeems your life from the pit, who crowns you with steadfast love and mercy, who satisfies you with good so that your youth is renewed like the eagle's. The Lord works righteousness and justice for all who are oppressed.

Psalm 103:1

Bless the Lord, O my soul, and all
that is within me, bless his holy
name!



Isaiah 29:13

The Lord says: "These people come near to me with their mouth and honor me with their lips, but their hearts are far from me..."



What does it mean to
“bless the Lord”?





Psalm 103 (ESV)

Bless the Lord, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy,



Psalm 103 (ESV)

who satisfies you with good so that your youth is renewed like the eagle's. The Lord works righteousness and justice for all who are oppressed.



Psalm 103 (ESV)

Bless the Lord, O my soul, and
forget not all his benefits..



Psalm 103 (ESV)

Bless the Lord, O my soul, and forget not
all his benefits, **who forgives all your
iniquity...**





Psalm 103 (ESV)

Bless the Lord, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy,



Psalm 103 (ESV)

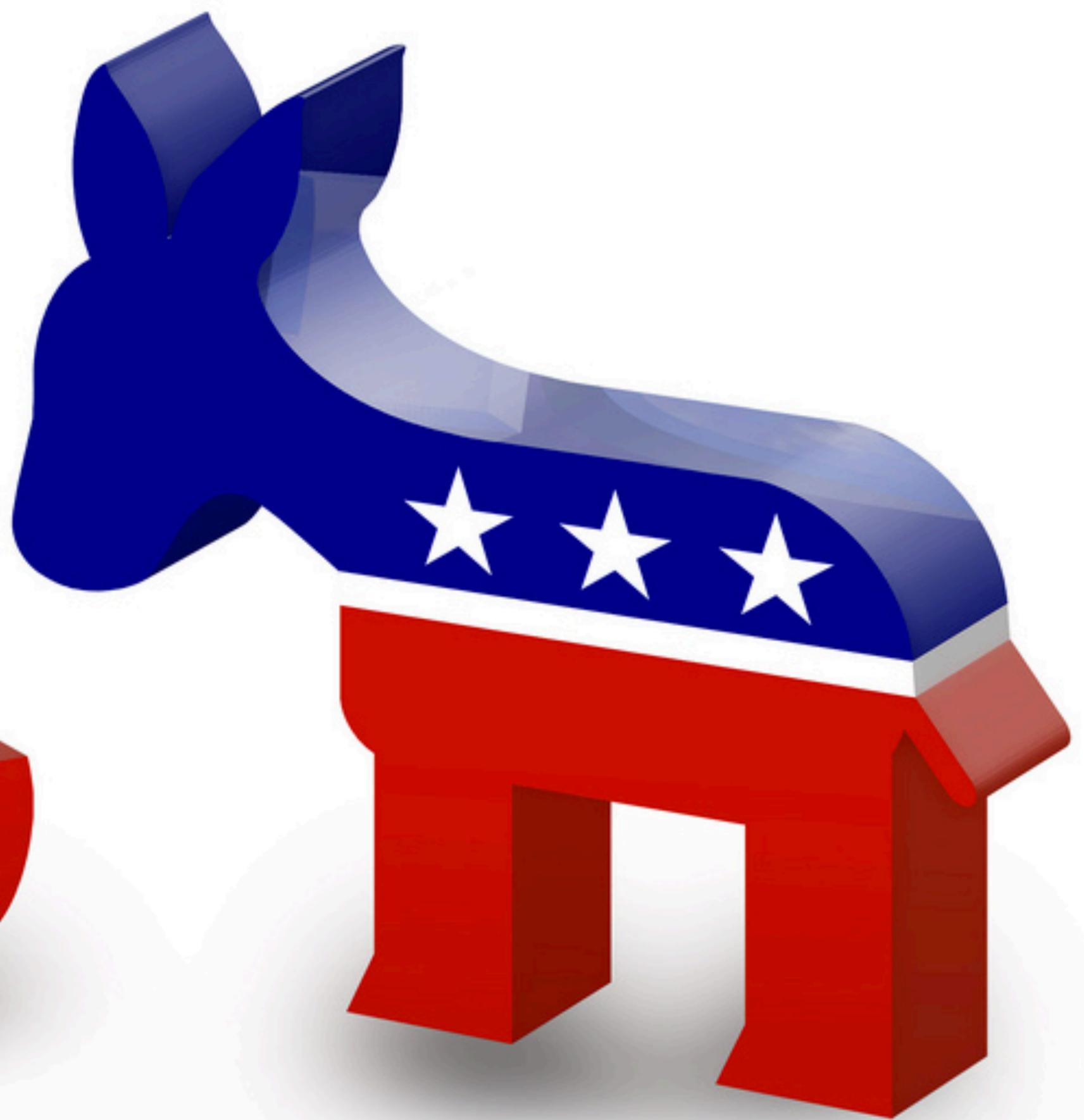
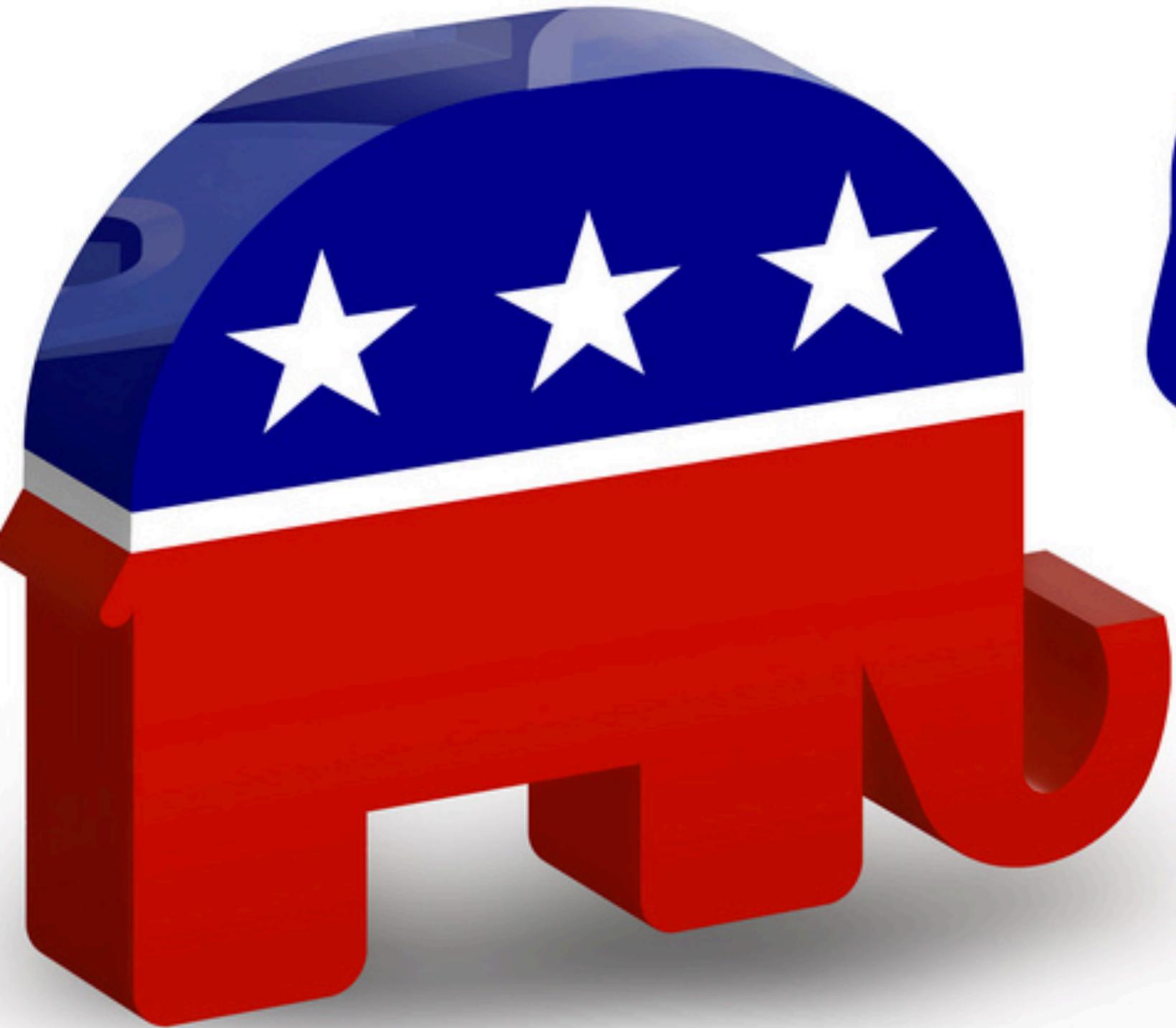
who satisfies you with good so that your youth is renewed like the eagle's. The Lord works righteousness and justice for all who are oppressed.





Psalm 103 (ESV)

who satisfies you with good so that your youth is renewed like the eagle's. **The Lord works righteousness and justice for all who are oppressed.**





Psalm 103:7-10

He made known his ways to Moses, his acts to the people of Israel. The Lord is merciful and gracious, slow to anger and abounding in steadfast love. He will not always chide, nor will he keep his anger forever. He does not deal with us according to our sins, nor repay us according to our iniquities.



Exodus 34:5-7

The Lord descended in the cloud and stood with him there, and proclaimed the name of the Lord. The Lord passed before him and proclaimed, "The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, keeping steadfast love for thousands, forgiving iniquity and transgression and sin.



Sandra McCracken

“The Psalms teach me that I can be safe in his good providence even when everything around and within me feels like chaos. When we hear these ancient words, we are reminded that we are not alone. We are not the first to feel what we feel.



Sandra McCracken

There is perspective and humility and honor in joining together with those who have gone before us. And we are also reminded that we will not be defined by our present circumstances, but by the mercy of God who has committed himself to the full restoration of all things.”



Psalm 103:11-19

For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; as far as the east is from the west, so far does he remove our transgressions from us. As a father shows compassion to his children, so the Lord shows compassion to those who fear him. For he knows our frame; he remembers that we are dust. As for man, his days are like grass; he flourishes like a flower of the field;



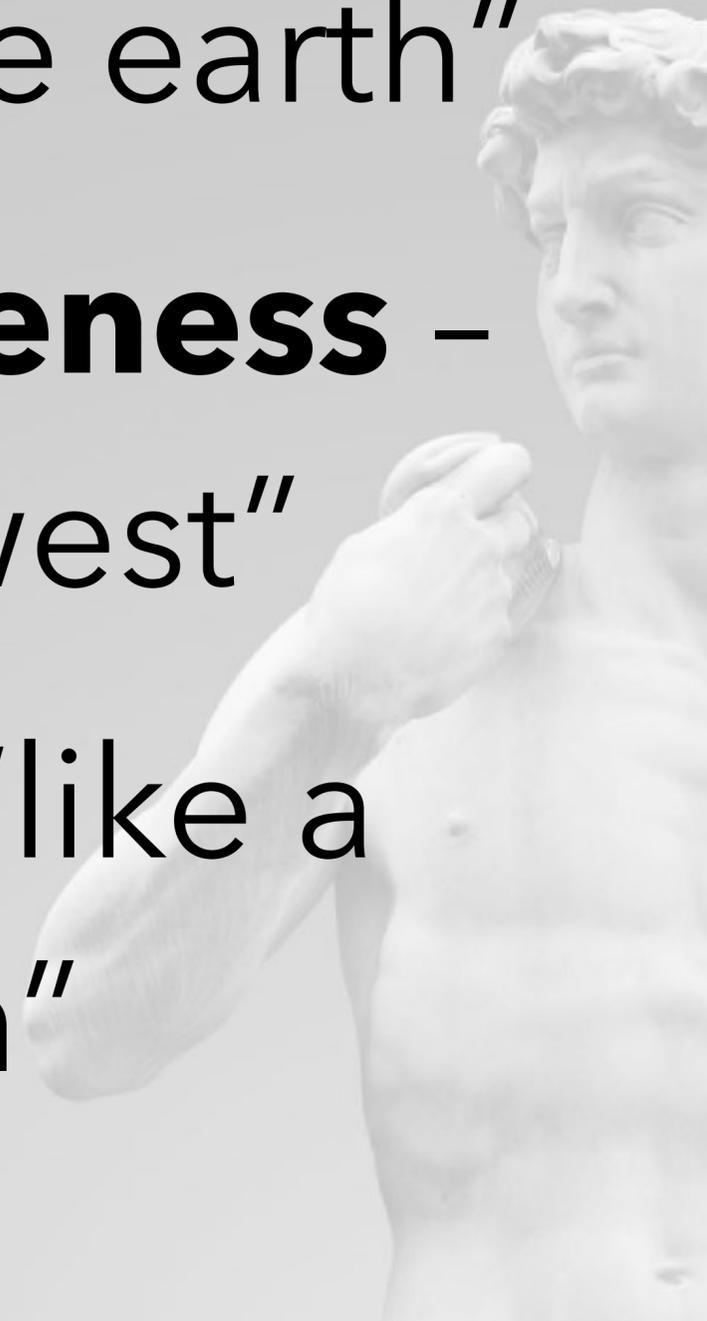
Psalm 103:11-19

for the wind passes over it, and it is gone, and its place knows it no more. But the steadfast love of the Lord is from everlasting to everlasting on those who fear him, and his righteousness to children's children, to those who keep his covenant and remember to do his commandments. The Lord has established his throne in the heavens, and his kingdom rules over all.

The vastness of God's steadfast **love** - "as high as the heavens are above the earth"

The infinite lengths of His **forgiveness** -
"as far as the east is from the west"

The nature of his **compassion** "like a father shows to his children"



The integrity of His **faithfulness** - "from everlasting to everlasting"

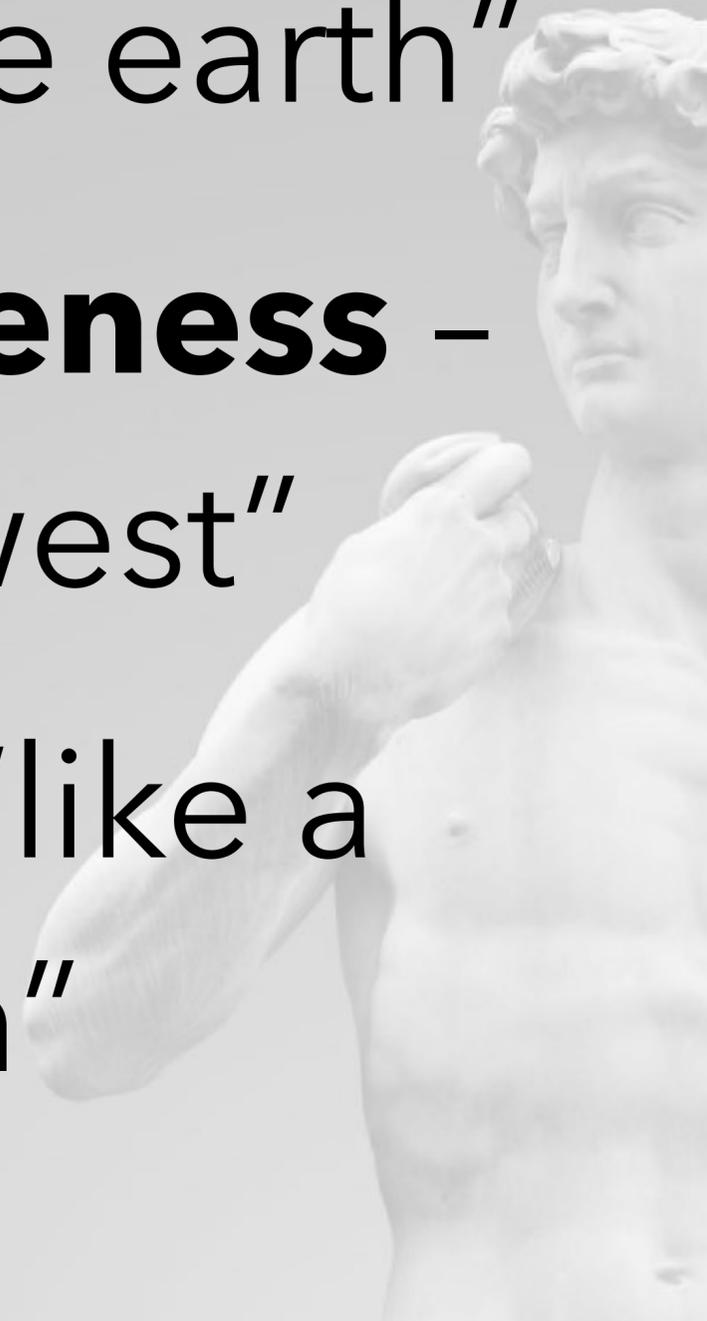
The expanse of His **sovereignty** - as one who sits in heaven and whose "kingdom rules over all."



The vastness of God's steadfast **love** - "as high as the heavens are above the earth"

The infinite lengths of His **forgiveness** -
"as far as the east is from the west"

The nature of his **compassion** "like a father shows to his children"



The integrity of His **faithfulness** - "from everlasting to everlasting"

The expanse of His **sovereignty** - as one who sits in heaven and whose "kingdom rules over all."





Psalm 103:20-22

Bless the Lord, O you his angels, you mighty ones who do his word, obeying the voice of his word! Bless the Lord, all his hosts, his ministers, who do his will! Bless the Lord, all his works, in all places of his dominion. Bless the Lord, O my soul!

